

2019 - 2020 CBU Varsity Sport Practice Time

Course No.	Teams	Head Coach	Academic Counselor	Fall 2018 times to avoid	Spring 2019 times to avoid
KIN201M	Basketball (M)	Croy, Rick	Rachel Keys	MWF: 7:00 - 8:30 am MWF: 1:00 - 3:30 pm TR: 3:30 - 6:00 pm	M - F: No classes after 1:00 pm
KIN201W	Basketball (W)	Olson, Jarrod	Rachel Keys	MWF: 2:00 - 6:00 pm TR: 1:00 - 3:30 pm	M - F: No classes after 2:00 pm
KIN202M	Baseball	Adcock, Gary	Rachel Keys	MW: 1:00 - 6:00 pm TR: 7:00 - 8:00 am TR: 2:00 - 6:00 pm Avoid 12:15-1:45 if possible F: 6:00 - 10:00 pm	M - F: No classes after 12 pm TRF: No night classes
KIN203M/W	Swimming	Rowland, Rick	Lisa Bushman	M - F: 5:15-6:45 or 6:15-7:45am MWF: 1:30 - 3:30 pm TR: 2:00-2:45 or 2:45-3:30pm TR: 3:30 - 6:00 pm	MWF: 5:15-6:45 or 6:15-7:45 MWF: 1:30 - 3:30 pm TR: 4:00 - 6:00 pm M: 4 - 4:45 pm; TR: 2:00 - 3:30 pm
KIN203M/W	Diving	Couto, Jeff	Lisa Bushman	MWF: 8:05-9:00 am MWF: 3:00 - 5:30 pm TR: 9:00 - 12:00 pm	MWF: 5:00 - 5:45 pm MWF: 1:30 - 4:00 pm TR: 2:30 - 5:30 pm
KIN204M	Waterpolo (M)	Rosa, Kevin	Amanda Johnstone	M: 6:45-7:45 am; 1:30-2:30 pm; 3:30 - 5:30 pm W: 1:30-2:30 pm; 3:30 - 6 pm F: 6:45 - 7:45 am; 3:30 - 5:30 pm TR: 6:30 - 8 am; 1 - 1:45 pm; 2:00 - 4:00 pm	MWF: 6:00 - 8:00 am M - F: 12:00 - 1:00 pm TR: 6:00 - 8:00 pm
KIN204W	Waterpolo (W)	Miller, Jonathan	Amanda Johnstone	MWF: 8:00 - 10:00 am MWF: 2:00 - 4:00 pm TR: 7:00 - 8:00 am	TR: 7:00 - 8:00 am MWF: 1:30 - 5:30 pm TR: 2:00 - 4:00 pm
KIN205M	Wrestling	Zalesky, Leonard	Amanda Johnstone	TR: 6:00 - 8:00 am M - F: 3:00 - 5:00 pm	TR: 6:00 - 8:00 am M - F: 3:00 - 5:00 pm
KIN206M	Soccer (M)	Michaelson, Coe	Amanda Johnstone	M - F: 1:00 - 3:00 pm MW: 3:00 - 4:00	M - F: 1:00 - 3:00 pm TR: 7:00 - 8:00 am
KIN206W	Soccer (W)	St. Clair, Kristen	Amanda Johnstone	M - F: 2:00 - 6:00 pm	MWF: 6:00 - 7:00 am MTWF: 2:30 - 5:00 pm
KIN207W	Softball	Baber, Bill	Amanda Johnstone	MWF: 7:00 - 8:00 am MWF: 12:00 - 3:00 TR: 4:00 - 7:30 pm	MWF: 7:00 - 8:00 am MWF: 12:00 - 3:00 pm TR: 4:00 - 7:30 pm
KIN208W	Volleyball (W)	Higa, Branden	Lisa Bushman	M - F: 1:30 - 5:30 pm	M - F: 1:30 - 4:00 pm MWF: 7:45 - 8:45 am
KIN209W	Cheerleading	Fleming, Tami	Lisa Bushman	MW: 1:15 - 5:30 pm T: 2:30 - 5 pm R: 12:30 - 5 pm	MW: 1:15 - 5:30 pm T: 1:00 - 5:15 R: 12:30 - 5 pm
KIN212W	Dance	Mapes, Kristy	Lisa Bushman	M - R: 8:15 - 10:15 am	M - R: 8:15 - 10:15 am
KIN213M/W	CrossCountry Track	Tribble, Adam	Lisa Bushman	MWF: 7:00 - 9:00 am TR: 6:00 - 9:00 am	MWF: 8:00 - 10:00 am TR: 7:00 - 8:45 am
KIN215M	Golf (M)	Brown, TL	Amanda Johnstone	S: 12:00 - 4:00 pm M - F: 2:00 - 5:00 pm	TR: 6:00-7:00am; 2:00-5:00 pm MWF: 2:00 - 6:00 pm
KIN215W	Golf (W)	Machado, Marc	Amanda Johnstone	MWF: 12:00 - 7:00 pm TR: 6:00 - 7:00 am; 2:00 - 6:00 pm	MWF: 12:00 - 7:00 pm TR: 2:00 - 5:30 pm