

2018 - 2019 CBU Varsity Sport Practice Time

Course No.	Teams	Head Coach	Fall 2018 times to avoid	Spring 2019 times to avoid
KIN201M	Basketball (M)	Croy, Rick	MWF: 7:00 - 8:30 am MWF: 1:00 - 3:30 pm TR: 3:30 - 6:00 pm	M - F: No classes after 1:00 pm
KIN201W	Basketball (W)	Olson, Jarrod	MWF: 2:00 - 6:00 pm TR: 1:00 - 3:30 pm	M - F: No classes after 2:00 pm
KIN202M	Baseball	Adcock, Gary	MW: 1:00 - 6:00 pm TR: 7:00 - 8:00 am TR: 2:00 - 6:00 pm Avoid 12:15-1:45 if possible F: 6:00 - 10:00 pm	M - F: No classes after 12 pm TRF: No night classes
KIN203M/W	Swimming	Rowland, Rick	M - F: 5:15-6:45 <i>or</i> 6:15-7:45 MWF: 1:30 - 3:30 pm TR: 1:00-2:00 <i>or</i> 2:00-3:00 TR: 3:30 - 6:00 pm	MWF: 5:15-6:45 <i>or</i> 6:15-7:45 MWF: 1:30 - 3:30 pm TR: 4:00 - 6:00 pm M: 4 - 4:45 pm; TR: 2:00 - 3:30pm
KIN203M/W	Diving	Couto, Jeff	MWF: 8:05-9:00 am MWF: 3:00 - 5:30 pm TR: 10:30 - 1:30 pm	MWF: 5:00 - 5:45 pm MWF: 1:30 - 4:00 pm TR: 2:30 - 5:30 pm
KIN204M	Waterpolo (M)	Rosa, Kevin	M: 6:45 - 7:45 am; 1:30 - 2:30 pm; 3:30 - 5:30 pm W: 1:30-2:30 pm; 3:30 - 6 pm F: 6:45 - 7:45 am; 3:30 - 5:30 pm TR: 6:30 - 8 am; 1 - 1:45 pm; 2:00 - 4:00 pm	MWF: 6:00 - 8:00 am M - F: 12:00 - 1:00 pm TR: 6:00 - 8:00 pm
KIN204W	Waterpolo (W)	Miller, Jonathan	MWF: 8:00 - 10:00 am MWF: 2:00 - 4:00 pm TR: 7:00 - 8:00 am	TR: 7:00 - 8:00 am MWF: 1:30 - 5:30 pm TR: 2:00 - 4:00 pm
KIN205M	Wrestling	Zalesky, Leonard	TR: 6:00 - 8:00 am M - F: 3:00 - 5:00 pm	TR: 6:00 - 8:00 am M - F: 3:00 - 5:00 pm
KIN206M	Soccer (M)	Michaelson, Coe	M - F: 1:00 - 3:00 pm MW: 3:00 - 4:00	M - F: 3:00 - 5:00 pm TR: 7:00 - 8:00 am
KIN206W	Soccer (W)	St. Clair, Kristen	M - F: 2:00 - 6:00 pm	MWF: 6:00 - 7:00 am M - F: 1:00 - 3:00 pm

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KIN207W	Softball	Baber, Bill	MWF: 6:00 - 7:00 am MWF: 12:00 - 3:00 (pitchers & catchers 11:30) TR: 4:00 - 7:30 pm (pitchers & catchers 3:30)	MWF: 7:00 - 8:00 am MWF: 12:00 - 3:00 pm (pitchers & catchers 11:30am) TR: 4:00 - 7:30 pm (pitchers & catchers 3:30pm)
KIN208W	Volleyball (W)	Higa, Branden	M - F: 1:00 - 5:00 pm	M - F: 1:30 - 4:00 pm MWF: 7:45 - 8:45 am
KIN209W	Cheerleading	Fleming, Tami	MWR: 1:15 - 5:30 TR: 1:00 - 5:15	MW: 1:15 - 5:30 TR: 1:00 - 5:15
KIN212W	Dance	Mapes, Kristy	M - R: 8:15 - 10:15 am	M - R: 8:15 - 10:15 am
KIN213M/W	CrossCountry Track	Gall, Ben	MWF: 6:00 - 8:00 am TR: 6:00 - 9:00 am	MWF: 8:00 - 10:00 am TR: 7:00 - 8:45 am
KIN215M	Golf (M)	Brown, TL	S: 12:00 - 4:00 pm M - F: 2:00 - 5:00 pm	TR: 6:00-7:00am; 2:00-5:00 pm MWF: 2:00 - 6:00 pm
KIN215W	Golf (W)	Machado, Marc	MWF: 12:00 - 7:00 pm TR: 6:00 - 7:00 am; 12:30 - 5:30 pm	MWF: 12:00 - 7:00 pm TR: 2:00 - 5:30 pm