



Major Requirements

Lower Division Requirements	Pre-Req	Units	Note
ALH101 Introduction to Allied Health Professions	-	1	
KIN264 Movement Anatomy	BIO153	3	
KIN274 Applied Movement Anatomy	KIN264	3	
PSY213 General Psychology	-	3	

Lower Division Science & Math Requirements	Pre-Req	Units	Note
BIO153 Anatomy & Physiology I w/Lab	-	4	
BIO163 Anatomy and Physiology II w/Lab	-	4	
CHE115 General Chemistry I w/Lab	CHE102 or HS Chem	4	
STA144 Introduction to Statistics	MAT115	3	

Elective Requirements	Pre-Req	Units	Note
Complete minimum four (4) courses and twelve (12) units from the following:			
BIO146 General Biology I with Lab			
CHE125 General Chemistry II w/Lab	CHE115	4	Spring only
KIN200 Special Topics in Kinesiology	-	3	As offered
KIN304 Introduction to Athletic Training	-	3	As offered
KIN312 Emergencies in Sports Medicine	-	3	As offered
KIN400 Special Topics in Kinesiology	-	3	As offered
MAT145 Math Methods in the Natural Sciences	MAT115	4	Spring only
PHY114 General Physics I w/Lab	MAT145 /245 or Entrance Exam	4	Fall only (entrance exam)
PHY124 General Physics II w/Lab	PHY114	4	Spring only

Upper Division Requirements	Pre-Req	Units	Note
BIO305 Microbiology w/Lab	BIO146 or 153	4	
BIO313 Genetics	BIO146	4	
or KIN393 Applied Exercise Physiology	KIN383	3	Spring only
HSC480 Research Methods	STA144	3	Junior/Senior status
KIN300 Nutrition Science	-	3	
KIN332 Lifelong Motor Development	-	3	
KIN353 Care & Prevention of Athletic Injuries	KIN253 or 264	3	
KIN383 Exercise Physiology	BIO153	3	
KIN433 Sports & Activities Practicum	Chair Consent	3	As offered
KIN480 Fitness Assess and Exercise Prescription	-	3	Spring only
or KIN490 Principles of Conditioning Athletes	KIN274 & 383		Fall only
PSY346 Abnormal Psychology	PSY213	3	

*Recommended Pre-Physical Therapy Courses

Total Major/Minor Units: 68-73

Upper Division Major/Minor Units: 31-44

Additional Elective Units Needed: 6-11

Upper Division Elective Units Needed: 0-5

About This Plan

- This plan is not a contract. Curriculum can be subject to change.
- Highlighted courses and fields are major specific.
- Descriptions for all courses can be found in the CBU catalog at insidecbu.calbaptist.edu.
- To graduate, all students need 124 total units, 39 of which must be upper division.
- Courses numbered in the 300's and 400's are upper division.
- GST100, ENG103, and MAT095 count as elective units.

General Education Requirements

Competency Requirements	Units	Note
English Competency	3	ENG113 required
Math Competency	3	STA144 will fulfill
Technology	3	CIS265 recommended
Foreign Language I	3	SPA115 or CHI115 recommended
Foreign Language II	3	SPA125 or CHI125 recommended

If you are exempt from a Competency Requirement, add those units to Additional Elective Units Needed.

Core Curriculum	Units	Note
Behavioral Science	6	PSY213 & 346 will fulfill
English Composition	3	ENG123 required
English or Film	3	
Communication Arts	3	COM113, 308*, or JRN220 recommended
Art or Music	3	
Philosophy	3	
US History	3	HIS311* or 478 recommended
Non-US History	3	
Political Science	3	POL213, 223, 250, 323, 395* or 437 recommended
Lab Science	4	BIO305 will fulfill
Science or Kinesiology	4	KIN332* and KIN300 will fulfill
Christian Studies	9	ICS305*, 375, 405* or 430 recommended

*Course is interdisciplinary

Upper Division Requirements	12	PSY346, BIO305 & KIN332 will fulfill 10 units
Multicultural Requirements	9	ENG123 will fulfill 3 units
Interdisciplinary Requirements	9	KIN332 will fulfill 3 units

Total Required GE units: 45

Upper Division Required GE Units: 3

Contact Information

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Freshman Year

Sophomore Year

Fall Semester

Spring Semester

Summer Semester

Fall Semester

Spring Semester

Summer Semester

ALH101 Introduction to Allied Health Professions	1
BIO153 Anatomy & Physiology I w/Lab	4
CHE115 General Chemistry I w/Lab	4
ENG113 Composition	3
GST100 Focus	1
General Education Course	3

BIO163 Anatomy and Physiology II w/Lab	4
PSY213 General Psychology	3
Exercise Science Elective	4
General Education Course	3

BIO305 Microbiology w/Lab	4
KIN264 Movement Anatomy	3
STA144 Introduction to Statistics	3
BIO146 General Biology II w/Lab	4
Elective	1

BIO313 Genetics	4
KIN274 Applied Movement Anatomy	3
Exercise Science Elective	4
General Education Course	3
General Education Course	3

Total Units: 16

Total Units: 14

Total Units: _____

Total Units: 15

Total Units: 17

Total Units: _____

Junior Year

Senior Year

Fall Semester

Spring Semester

Summer Semester

Fall Semester

Spring Semester

Summer Semester

KIN300 Nutrition Science	3
KIN383 Exercise Physiology	3
Exercise Science Elective	4
General Education Course	3
General Education Course	3

KIN332 Lifelong Motor Development	3
KIN433 Sports & Activities Practicum	3
Exercise Science Elective	4
General Education Course	3
General Education Course	3

KIN353 Care & Prevention of Athletic Injuries	3
PSY346 Abnormal Psychology	3
General Education Course	3
Upper Division General Education Course	3
General Education Course	3

HSC480 Research Methods	3
KIN480 or KIN490 (depending on choice)	3
Upper Division General Education Course	3
General Education Course	3
General Education Course	3

Total Units: 16

Total Units: 16

Total Units: _____

Total Units: 15

Total Units: 15

Total Units: _____

Total Units: 124 (124 units required to graduate)