

LICENSED PROFESSIONAL CLINICAL COUNSELOR REQUIREMENTS

In order to satisfy the Academic Requirements for the Licensed Professional Clinical Counselor (LPCC), the student beginning graduate study after August 1, 2012 must complete the MFT program courses (62 units) and the following LPCC concentration (18 additional units):

LPCC Courses (Required - 6 units)

- **PSY536 – Community Mental Health Counseling (Fall, hybrid format, 3 units)**
This course introduces the student to the contemporary context of community mental health settings. Course content emphasizes recovery-oriented treatment for severe mental illness, disaster and trauma response, services for victims of abuse, the homeless, foster care services, case management, client advocacy, in-home and in-school services, bilingual client services, professional collaboration and medical family therapy.

- **PSY537 – Career Counseling (Spring, hybrid format, 3 units)**
The course is designed to meet the professional training criteria of students within the field of counseling psychology and other helping professions to gain competency in the basic tenets of career counseling.

LPCC Special Topics Courses (Required – 12 units)

The student must complete four (4) of the following classes:

- **PSY541 – Empirically-based Treatment Approaches for Treating Adults with Severe Mental Illness (Fall, hybrid format, 3 units)**
This course exposes students to empirically-based approaches for working with adults with severe mental illness. In particular, students will gain an understanding of the history, goals, techniques, and research outcomes associated with interventions for adults with major depression, schizophrenia, bipolar disorder, obsessive-compulsive disorder, panic disorder, posttraumatic stress disorder, and borderline personality disorder. A specific focus will be on emerging empirically-based approaches for severe mental illness, including acceptance and commitment therapy (ACT), mindfulness-based cognitive therapy (MBCT), and dialectical behavior therapy (DBT).

- **PSY542 – Play Therapy for Special Populations (Spring, hybrid format, 3 units)**
This course introduces the student to the major theoretical models of play therapy with an emphasis on special populations including children experiencing grief and loss, children placed in foster care, and children who have been physically abused, sexually abused or neglected.

- PSY543 – Evaluation and Treatment of Compulsive Disorders
(Summer, hybrid format, 3 units)
This course offers an intensive study of the biopsychological mechanisms underlying compulsive behaviors. Focus includes eating disorders, sexual compulsions, gambling and internet addiction. Evidence-based treatment approaches are identified and related to their impact on health wellness and recovery.

- PSY599 – Treatment Concerns in Interethnic and Interfaith Families
(When offered, hybrid format, 3 units)
A study of the clinical issues and concerns of interethnic, mixed race and interfaith families. With a focus on these populations, provides the opportunity for students to develop: (1) more advanced conceptual and intervention skills relevant to psychotherapy (2) an understanding of sociopolitical and sociocultural influences on psychological functioning and well-being (3) skills to develop interventions, programs and activities focused on the prevention of psychopathology and social problems for these populations.

- PSY599 – Case Management in the Public and Private Sectors
(When offered, hybrid format, 3 units)
This course is designed to deepen the student's ability to formulate cases, develop standard of care treatment plans, and develop professional writing skills related to case documentation.

- PSY599 – Evaluation and Treatment Strategies for Military Personnel and Their Families
(When offered, hybrid format, 3 units)
This course introduces the student to the developmental trajectory of PTSD, TBI and Military Sexual Trauma. Treatment approaches include Cognitive Processing Therapy, Resiliency Models and Prolonged Exposure Therapy.

- PSY599 – Standard of Care Approaches for Evaluating and Treating Children and Adolescents with Externalizing Disorders *(When offered, hybrid format, 3 units)*
This course exposes students to empirically-based approaches for working with children and adolescents with externalizing disorders, including oppositional defiant disorder, conduct disorder, and intermittent explosive disorder. Specifically, students will explore the history, goals, techniques, and research outcomes associated with interventions for children and adolescents with externalizing disorders. A majority of the course will be focused on the collaborative problem solving (CPS) approach, multisystemic therapy (MST), parent-child interaction training (PCIT), and parent management training (PMT).

- PSY599 – Suicidology *(When offered, hybrid format, 3 units)*
A study of Suicide: understanding psychache, assessing suicidal ideation, practicing suicidal/crisis intervention, and learning ongoing treatment to alleviate suicidal symptoms.