

Major Requirements

Lower Division Requirements	Pre-Req	Units	Note
ALH101 Intro to Allied Health Professions	-	1	
BIO153 Anatomy & Physiology I with Lab	-	4	
BIO163 Anatomy & Physiology II with Lab	-	4	
BIO173 Medical Terminology	-	3	
BIO205 Human Microbiology with Lab	-	4	
CHE112 Organic & Biochemistry with Lab	CHE102	4	
CHE115 General Chemistry I with Lab	CHE102 or HS Chem	4	
CHE125 General Chemistry II with Lab	CHE115	4	Spring only
COM113 Oral Communications	-	3	
HSC210 Ethics in Health Care	-	3	As offered
STA144 Introduction to Statistics	MAT115	3	
PSY213 General Psychology	-	3	
SOC213 Introduction to Sociology or ANT225 Cultural Anthropology	-	3	

Lower Division Nutrition & Food Science Requirements	Pre-Req	Units	Note
NFS101 Intro to Nutrition & Food Sciences	-	3	
NFS104 Intro to Foods & Preparation	-	3	
NFS200 Lifecycle Nutrition	-	3	As offered
NFS210 Experimental Foods	-	3	As offered
NFS220 Food, Culture & Society	-	3	As offered

Upper Division Requirements	Pre-Req	Units	Note
HSC410 Health Behavior Change	-	3	As offered
HSC480 Research Methods	STA144	3	As offered; Jr/Sr Standing

Upper Division Nutrition & Food Science Requirements	Pre-Req	Units	Note
ALH495 Clinical Practicum	Senior Status	3	
NFS310 Community Nutrition	NFS101	3	As offered
NFS330 Food Service Organization, Purchasing & Management	NFS101	3	As offered
NFS400 Special Topics in Nutrition & Food Science	NFS101 & 200	3	As offered
NFS420 Quantity Food Management	NFS330	3	As offered
NFS480 Agriculture, Nutrition & International Development	NFS101	3	As offered

Concentration Requirements	Pre-Req	Units	Note
NFS320 Nutritional Biochemistry	NFS101; CHE112 or 125	4	As offered
NFS340 Advanced Public Health Nutrition I or NFS440 Advanced Public Health Nutrition II	NFS200 & 320	3	As offered
NFS450 Medical Nutrition Therapy	NFS320	4	As offered
NFS460 Human Nutrition Assessment Lecture with Lab	NFS320	3	As offered

Total Major/Minor Units: 96

Upper Division Major/Minor Units: 38

Additional Elective Units Needed: 0

Upper Division Elective Units Needed: 0

About This Plan

- This plan is not a contract. Curriculum can be subject to change.
- Highlighted courses and fields are major specific.
- Descriptions for all courses can be found in the CBU catalog at insidecbu.calbaptist.edu.
- To graduate, all students need 124 total units, 39 of which must be upper division.
- Courses numbered in the 300's and 400's are upper division.
- GST100, ENG103, and MAT095 count as elective units.

General Education Requirements

Competency Requirements	Units	Note
English Competency	3	ENG113 required
Math Competency	3	STA144 will fulfill
Technology	3	CIS265 recommended
Foreign Language I	3	SPA115 or CHI115 recommended
Foreign Language II	3	SPA125 or CHI125 recommended

If you are exempt from a Competency Requirement, add those units to Additional Elective Units Needed.

Core Curriculum	Units	Note
Behavioral Science	6	PSY213 & SOC213 or ANT225 will fulfill
English Composition	3	ENG123 required
English or Film	3	
Communication Arts	3	COM113 will fulfill
Art or Music	3	
Philosophy	3	
US History	3	HIS311* or 478 recommended
Non-US History	3	
Political Science	3	POL213, 223, 250, 323, 395* or 437 recommended
Lab Science	4	BIO205 will fulfill
Science or Kinesiology	4	HSC410 & 480 will fulfill
Christian Studies	9	ICS305*, 375, 405* or 430 recommended

*Course is interdisciplinary

Upper Division Requirements	12	HSC410 will fulfill 3 units
Multicultural Requirements	9	ENG123 will fulfill 3 units
Interdisciplinary Requirements	9	

Total Required GE units: 42

Upper Division Required GE Units: 9

Contact Information

Department of Health Science

(951) 552-8724

- Wayne Fletcher, Chair
- Lisa Schwartz, Secretary
- Dr. Meg Barth, Program Director

Lancer Arms 36F

wfletcher@calbaptist.edu
lscwartz@calbaptist.edu
mbarth@calbaptist.edu

Office of Academic Advising

(951) 343-4567

Yeager B146

advising@calbaptist.edu

Freshman Year
Sophomore Year

Fall Semester		Spring Semester		Summer Semester	
ALH101 Intro to Allied Health Professions	1	BIO163 Anatomy & Physiology II with Lab	4	General Education Course	3
BIO153 Anatomy & Physiology I with Lab	4	NFS104 Intro to Foods & Preparation	3	General Education Course	3
NFS101 Intro to Nutrition & Food Sciences	3	PSY213 General Psychology	3		
CHE102 Fundamentals of Chemistry	3	STA144 Introduction to Statistics	3		
ENG113 Composition	3	ENG123 Intermediate Composition	3		
GST100 FOCUS	1				
Caution: If additional Math is taken, an additional GE must be added to this plan.					
Total Units: <u>15</u>		Total Units: <u>16</u>		Total Units: <u>6</u>	

Fall Semester		Spring Semester		Summer Semester	
ANT225 or SOC213 (depending on choice)	3	BIO173 Medical Terminology	3	General Education Course	3
CHE115 General Chemistry I with Lab	4	CHE125 General Chemistry II with Lab	4	General Education Course	3
COM113 Oral Communications	3	NFS210 Experimental Foods	3		
HSC210 Ethics in Health Care	3	NFS220 Food, Culture & Society	3		
NFS200 Lifecycle Nutrition	3	Upper Division General Education Course	3		
Total Units: <u>16</u>		Total Units: <u>16</u>		Total Units: <u>6</u>	

Junior Year
Senior Year

Fall Semester		Spring Semester		Summer Semester	
BIO205 Human Microbiology with Lab	4	CHE112 Organic & Biochemistry with Lab	4		
NFS310 Community Nutrition	3	NFS330 Food Service Org. Purchasing & Management	3		
NFS320 Nutritional Biochemistry	4	NFS340 or NFS440 (depending on choice)	3		
General Education Course	3	General Education Course	3		
General Education Course	3	General Education Course	3		
Total Units: <u>17</u>		Total Units: <u>16</u>		Total Units: <u>0</u>	

Fall Semester		Spring Semester		Summer Semester	
HSC410 Health Behavior Change	3	ALH495 Clinical Practicum	3		
HSC480 Research Methods	3	NFS400 Special Topics in Nutrition & Food Science	3		
NFS420 Quantity Food Management	3	NFS460 Human Nutrition Assess Lecture with Lab	3		
NFS450 Medical Nutrition Therapy	4	NFS480 Agri, Nutrition & International Dev	3		
Upper Division General Education Course	3	Upper Division General Education Course	3		
		General Education Course	3		
Total Units: <u>16</u>		Total Units: <u>18</u>		Total Units: <u> </u>	

Total Units: 142 (124 units required to graduate)