

**Major Requirements**

Lower Division Requirements	Pre-Req	Units	Note
ALH101 Introduction to Allied Health Professions	-	1	
KIN264 Movement Anatomy	BIO153	3	
KIN274 Applied Movement Anatomy	KIN264	3	
PSY213 General Psychology	-	3	

Lower Division Science & Math Requirements	Pre-Req	Units	Note
BIO153 Anatomy & Physiology I w/Lab	-	4	
BIO163 Anatomy and Physiology II w/Lab	-	4	
CHE115 General Chemistry I w/Lab	CHE102 or HS Chem	4	Fall only
CHE125 General Chemistry II w/Lab	CHE115	4	Spring only
MAT145 Math Methods in the Natural Sciences	MAT115	4	Spring only
PHY114 General Physics I w/Lab	MAT145 or 245	4	Fall only (entrance exam)
PHY124 General Physics II w/Lab	PHY114	4	Spring only
STA144 Introduction to Statistics	MAT115	3	

Upper Division Requirements	Pre-Req	Units	Note
ALH495 Clinical Practicum	-	3	Junior/Senior status
BIO305 Microbiology w/Lab	BIO146 or 153	4	Fall only
BIO313 Genetics	BIO146	4	Spring only
HSC480 Research Methods	STA144	3	Junior/Senior status
KIN300 Nutrition Science	-	3	
KIN332 Lifelong Motor Development	-	3	
KIN353 Care & Prevention of Athletic Injuries	KIN253 or 264	3	
KIN383 Exercise Physiology	BIO153	3	
KIN393 Applied Exercise Physiology	KIN383	3	Spring only
KIN480 Fitness Assess and Exercise Prescription	-	3	Spring only
or KIN490 Principles of Conditioning Athletes	KIN274 & 383		Fall only
PSY346 Abnormal Psychology	PSY213	3	

**Total Major Units: 76****Upper Division Major Units: 35****Additional Elective Units Needed: 3****Upper Division Elective Units Needed: 2****About This Plan**

- This plan is not a contract. Curriculum can be subject to change.
- Highlighted courses and fields are major specific.
- Descriptions for all courses can be found in the CBU catalog at [www.calbaptist.edu/about/universitycatalogs.aspx](http://www.calbaptist.edu/about/universitycatalogs.aspx).
- To graduate, all students need 124 total units, 39 of which must be upper division.
- Courses numbered in the 300's and 400's are upper division.
- GST100, ENG103, and MAT095 count as elective units.

**General Education Requirements**

Competency Requirements	Units	Note
English Competency	3	ENG113 required
<b>Math Competency</b>	<b>3</b>	<b>STA144 will fulfill</b>
Technology	3	CIS265 recommended
Foreign Language I	3	SPA115 or CHI115 recommended
Foreign Language II	3	SPA125 or CHI125 recommended

If you are exempt from a Competency Requirement, add those units to Additional Elective Units Needed.

Core Curriculum	Units	Note
<b>Behavioral Science</b>	<b>6</b>	<b>PSY213 &amp; 346 will fulfill</b>
English Composition	3	ENG123 required
English or Film	3	
Communication Arts	3	COM113, 308, or JRN220 recommended
Art or Music	3	
Philosophy	3	
US History	3	HIS311 or 478 recommended
Non-US History	3	
Political Science	3	POL213, 223, 250, 323, 395 or 437 recommended
<b>Lab Science</b>	<b>4</b>	<b>BIO305 will fulfill</b>
<b>Science or Kinesiology</b>	<b>4</b>	<b>KIN332* and KIN393 will fulfill</b>
Christian Studies	9	ICS305, 375, 405 or 430 recommended

\*Course is interdisciplinary

<b>Upper Division Requirements</b>	<b>12</b>	<b>PSY346, BIO305 &amp; KIN332 will fulfill 10 units</b>
<b>Interdisciplinary Requirements</b>	<b>9</b>	<b>KIN332 will fulfill 3 units</b>
<b>Multicultural Requirements</b>	<b>9</b>	<b>ENG123 will fulfill 3 units</b>

**Total Required GE units: 45****Upper Division Required GE Units: 2****Contact Information**

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Freshman Year

Sophomore Year

Fall Semester

Spring Semester

Summer Semester

Fall Semester

Spring Semester

Summer Semester

ALH101 Introduction to Allied Health Professions	1
BIO153 Anatomy & Physiology I w/Lab	4
CHE115 General Chemistry I w/Lab	4
ENG113 Composition	3
GST100 Focus	1
General Education Course (or Math Course if needed)	3
<b>Caution:</b> If additional Math is taken, an additional GE must be added to this plan.	

BIO163 Anatomy and Physiology II w/Lab	4
CHE125 General Chemistry II w/Lab	4
PSY213 General Psychology	3
ENG123 Intermediate Composition	3
General Education Course	3


BIO305 Microbiology w/Lab	4
KIN264 Movement Anatomy	3
STA144 Introduction to Statistics	3
BIO146 General Biology II w/Lab	4
General Education Course	3

BIO313 Genetics	4
KIN274 Applied Movement Anatomy	3
MAT145 Math Methods in the Natural Sciences	4
Upper Division General Education Course	3


Total Units: 16

Total Units: 17

Total Units: \_\_\_\_\_

Total Units: 17

Total Units: 14

Total Units: \_\_\_\_\_

Junior Year

Senior Year

Fall Semester

Spring Semester

Summer Semester

Fall Semester

Spring Semester

Summer Semester

KIN300 Nutrition Science	3
KIN383 Exercise Physiology	3
PHY114 General Physics I w/Lab	4
General Education Course	3
General Education Course	3

KIN332 Lifelong Motor Development	3
KIN393 Applied Exercise Physiology	3
PHY124 General Physics II w/Lab	4
General Education Course	3
General Education Course	3


ALH495 Clinical Practicum	3
KIN480/490 or KIN353 (depending on choice)	3
PSY346 Abnormal Psychology	3
General Education Course	3
General Education Course	3

HSC480 Research Methods	3
KIN480/490 or KIN353 (depending on choice)	3
Upper Division General Education Course	3
General Education Course	3
General Education Course	3


Total Units: 16

Total Units: 16

Total Units: \_\_\_\_\_

Total Units: 15

Total Units: 15

Total Units: \_\_\_\_\_

Total Units: 126 (124 units required to graduate)