

2020 - 2021 CBU Varsity Sport Practice Time

Course No.	Teams	Head Coach	Academic Counselor	Fall 2020 times to avoid	Spring 2021 times to avoid
KIN201M	Basketball (M)	Croy, Rick	Rachel Keys	MWF: 7:00 - 8:30 am MWF: 1:00 - 3:30 pm TR: 3:30 - 6:00 pm	MWF: 7 - 8:30 am; 2 - 8 pm TR: 1 - 5:30 pm
KIN201W	Basketball (W)	Olson, Jarrod	Rachel Keys	MF: 7:00 - 10:30 am W: 8:00 - 10:30 am TR: 7 - 8 am; 1:00 - 3:30 pm	MWF: 7:30 - 10:00 am TR: 8:00 - 10:15 am
KIN202M	Baseball	Adcock, Gary	Rachel Keys	MW: 1:00 - 6:00 pm TR: 7:00 - 8:00 am TR: 2:00 - 6:00 pm Avoid 12:15-1:45 if possible F: 6:00 - 10:00 pm	M - F: No classes after 12 pm TRF: No night classes
KIN203M/W	Swimming	Rowland, Rick	Stephanie Arjona	M - F: 5:15-6:45 <i>or</i> 6:15-7:45am MWF: 1:30 - 3:30 pm TR: 2:00-2:45 <i>or</i> 2:45-3:30pm TR: 3:30 - 6:00 pm	MWF: 5:00-6:45 am; 8:00-8:45am MWF: 1:00 - 3:30 pm TR: 3:30 - 6:00 pm; 12:15 - 1:00 pm <i>or</i> 1:00-1:45 pm
KIN203M/W	Diving	Couto, Jeff	Stephanie Arjona	MWF: 8:05-9:00 am MWF: 3:00 - 5:30 pm TR: 9:00 - 12:00 pm	MF: 8:05-9:00 am; 1:30 - 4:00 pm W: 8:05 - 9 am; 1:30 - 4:30 pm TR: 2:30 - 5:30 pm
KIN204M	Waterpolo (M)	Rosa, Kevin	Amanda Johnstone	M: 6:45-7:45 am; 2 - 3 pm; 3:30 - 5:30 pm T: 6:30-7:45am; 12:45-1:45pm 2:00 - 3:45 pm W: 2 - 3 pm; 3:30 - 5:30 pm R: 6:15-7:45am; 2 - 4 pm F: 6:45 - 7:45 am; 3:30 - 5:30 pm	M: 6:45 - 9:15 am; 2:15-3:15 pm T: 7 - 8 am; 12:45-1:45 pm; 2 - 4 pm W: 5:30 - 7:30 pm; 2:15 - 3:15 pm R: 7 - 8 am; 2 - 4 pm F: 6:45 - 9:15 am
KIN204W	Waterpolo (W)	Miller, Jonathan	Amanda Johnstone	MWF: 7:30 - 9:30 am MWF: 3:00 - 4:00 pm TR: 12:30 - 1:30 pm	TR: 7:00 - 8:00 am MWF: 1:30 - 5:30 pm TR: 12:00 - 2:00 pm
KIN205M	Wrestling	Zalesky, Leonard	Amanda Johnstone	TR: 8:00 - 9:00 am M - F: 3:00 - 5:00 pm	TR: 7:00 - 8:00 am M - F: 3:00 - 5:00 pm
KIN206M	Soccer (M)	Michaelson, Coe	Amanda Johnstone	M - F: 2:30 - 5:30 pm	M - F: 12:00 - 4:00 pm
KIN206W	Soccer (W)	St. Clair, Kristen	Amanda Johnstone	M - F: 12:00 - 4:00 pm	M - F: 2:00 - 6:00 pm
KIN207W	Softball	Baber, Bill	Amanda Johnstone	MWF: 6:00 - 7:00 am MWF: 1:00 pm - 4 pm (pitchers & catchers 12:30 pm) TR: 1:00 - 5:00 pm (pitchers & catchers 12:30 pm)	MWF: 6:30 - 7:30 am MWF: 12:00 - 3:00 pm (pitchers & catchers 11:30am) TR: 4:00 - 7:30 pm (pitchers & catchers 3:30pm)

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KIN208W	Volleyball (W)	Higa, Branden	Rachel Keys	M - F: 1:30 - 5:30 pm	MWF: 7 - 8 am; 1:30 - 5:00 pm TR: 7:30 - 8:30 am; 2 - 5:30 pm
KIN209W	Cheerleading	Miller, Olivia	Stephanie Arjona	M: 4:30 - 6:30 pm TR: 2:00 - 6:00 pm W: 3:00 - 6:00 pm SH: Monday 2:30 - 4:00 pm	Gold M: 3:30 - 4:30 pm; TR: 2 - 4 pm W: 3:15 - 4:45 pm; SH: T 4:30 - 6 pm Blue MTR: 4 - 6 pm; W: 4:15 - 6:15 pm SH: T 2:00 - 3:30 pm
KIN212W	Dance	Mapes, Kristy	Amanda Johnstone	M - R: 8:15 - 10:15 am	M - R: 8:15 - 10:15 am
KIN213M/W	CrossCountry Track	Tribble, Adam	Stephanie Arjona	M - F: 7:00 - 9:30 am	M - F: 7:00 - 9:30 am
KIN215M	Golf (M)	Brown, TL	Stephanie Arjona	S: 12:00 - 4:00 pm M - F: 2:00 - 5:00 pm	TR: 2:00-5:00 pm MWF: 2:00 - 6:00 pm
KIN215W	Golf (W)	Machado, Marc	Stephanie Arjona	MWF: 1:00 - 7:00 pm TR: 6:00 - 7:00 am; 2:15 - 5:15 pm	MWF: 1:00 - 7:00 pm TR: 6:00 - 7:00 am; 2:00 - 5:00 pm
KIN2XX	Stunt	Seagondollar, Brandon	Stephanie Arjona	MW: 1:15 - 3:15 pm TR: 12:30 - 2:00 pm	MW: 1:15 - 3:15 pm TR: 12:30 - 2:00 pm; 3 - 4 pm