

2021 - 2022 CBU Varsity Sport Practice Time

Course No.	Teams	Head Coach	Academic Counselor	Fall 2021 times to avoid	Spring 2022 times to avoid
KIN201M	Basketball (M)	Croy, Rick	Rachel Keys	MWF: 7-8:30am MWF: 12-3:30pm TR: 1:30-4:30pm	MWF: 7-8:30am; 2-8pm TR: 1-5:30pm
KIN201W	Basketball (W)	Olson, Jarrod	Rachel Keys	MF: 7-10:30am W: 8-10:30am TR: 7-8am; 1-3:30pm	MWF: 7:30-10am TR: 8-10:15am
KIN202M	Baseball	Adcock, Gary	Rachel Keys	MW: 1-6pm TR: 7-8am TR: 2-6pm Avoid 12:15-1:45 if possible F: 6-10pm	M-F: No classes after 12pm TRF: No night classes
KIN203M/W	Swimming	Rowland, Rick	Stephanie Arjona	M-F: 5:15-6:45 or 6:15-7:45am MWF: 1:30-3:30pm TR: 2-2:45 or 2:45-3:30pm TR: 3:30-6pm	MWF: 5-6:45am; 8-8:45am MWF: 1-3:30pm TR: 3:30-6pm; 12:15-1pm or 1-1:45pm
KIN203M/W	Diving	Couto, Jeff	Stephanie Arjona	MWF: 8:05-9am MWF: 3-5:30pm TR: 9-12pm	MF: 8:05-9am; 1:30-4pm W: 8:05-9am; 1:30-4:30pm TR: 2:30-5:30pm
KIN204M	Waterpolo (M)	Rosa, Kevin	Amanda Johnstone	M: 6:45-7:45am; 2-3pm; 3:30-5:30pm T: 6:30-8am; 12:45-1:45pm 2-4pm W: 2-3pm; 3:30-5:30pm R: 6:30-8am; 2-4pm F: 6:45-7:45am; 3:30-5:30pm	M: 6:45-9:15am; 2:15-3:15pm T: 7-8am; 12:45-1:45pm; 2-4pm W: 5:30-7:30pm; 2:15-3:15pm R: 7-8am; 2-4pm F: 6:45-9:15am
KIN204W	Waterpolo (W)	Miller, Jonathan	Amanda Johnstone	MWF: 8-10am MWF: 3-4pm TR: 7:45-8:45am	TR: 7-8am MWF: 1:30-5:30pm TR: 2-4pm
KIN205M	Wrestling	Zalesky, Leonard	Amanda Johnstone	TR: 7-8am M-F: 3-5pm	TR: 7-8am M-F: 3-5pm
KIN206M	Soccer (M)	Michaelson, Coe	Amanda Johnstone	M-F: 2:30-5:30pm	M-F: 1-3pm MWF: 11:30am-12:30pm
KIN206W	Soccer (W)	St. Clair, Kristen	Amanda Johnstone	M-F: 12-4pm	M-F: 2-6pm
KIN207W	Softball	Baber, Bill	Amanda Johnstone	MWF: 6-7am M-F: 12pm- 3:30pm (pitchers & catchers 11:30am)	MWF: 6:30-7:30am MWF: 12-3pm (pitchers & catchers 11:30am) TR: 4-7:30pm (pitchers & catchers 3:30pm)
KIN208W	Volleyball (W)	Higa, Branden	Stephanie Arjona	M-F: 1:30-5:30pm	MWF: 7-8am; 1:30-5pm TR: 7:30-8:30am; 2-5:30pm
KIN209W	Cheerleading	Miller, Olivia	Stephanie Arjona	MWF: 3:30-6pm TR: 2-6pm SH: Monday 2:30-4pm	Gold M: 3:30-4:30pm; TR: 2-4pm W: 3:15-4:45pm; SH: T 4:30-6pm Blue MTR: 4-6pm; W: 4:15-6:15pm SH: T 2-3:30pm
KIN212W	Dance	Mapes, Kristy	Amanda Johnstone	M-R: 8:15-10:15am	M-R: 8:15-10:15am
KIN213M/W	CrossCountry Track	Tribble, Adam	Stephanie Arjona	M-F: 7-9:30am	M-F: 7-9:30am
KIN215M	Golf (M)	Brown, TL	Stephanie Arjona	S: 12-4pm M-F: 2-5pm	TR: 2-5pm MWF: 2-6pm
KIN215W	Golf (W)	Machado, Marc	Stephanie Arjona	MWF: 12-7pm TR: 6-7am; 2-5:30pm	MWF: 1-7pm TR: 6-7am; 2-5pm
KIN2XX	Stunt	Seagondollar, Brandon	Stephanie Arjona	MW: 1:15-3:15pm TR: 12:30-2pm; 3-4pm	MW: 1:15-3:15pm TR: 12:30-2pm; 3-4pm