

## 2021-2022 CBU Varsity Sport Practice Time (updated 08/31/21)

Course No.	Teams	Head Coach	Academic Counselor	Fall 2021 times to avoid	Spring 2022 times to avoid
KIN201M	Basketball (M)	Croy, Rick	Rachel Keys	MWF: 7-8:30 am MWF: 12-3:30 pm TR: 1:30-4:30 pm	MWF: 7-8:30 am; 2-8 pm TR: 1-5:30 pm
KIN201W	Basketball (W)	Olson, Jarrod	Rachel Keys	M-F: 7-10:30 am	MWF: 7:30-10 am TR: 8-10:15 am
KIN202M	Baseball	Adcock, Gary	Amanda Johnstone	MW: 1-6 pm TR: 7-8 am TR: 2-6 pm Avoid 12:15-1:45 if possible F: 6-10 pm	M-F: No classes after 12 pm TRF: No night classes
KIN203M/W	Swimming	Rowland, Rick	Alex Wolf	MF: 5-6:15 or 5:30-6:45am W: 5-6:30 am or 5:45-7am TR: 5-6:45 am; 3:30-4:45 or 4-6 pm MWF 1-3:30 pm	MWF: 5-6:45 am; 8-8:45am MWF: 1-3:30 pm TR: 3:30-6 pm; 12:15-1 pm or 1-1:45 pm
KIN203M/W	Diving	Couto, Jeff	Alex Wolf	MWF: 8:05-9 am MWF: 3-5:30 pm TR: 9-12 pm	MF: 8:05-9 am; 1:30-4 pm W: 8:05-9 am; 1:30-4:30 pm TR: 2:30-5:30 pm
KIN204M	Waterpolo (M)	Rosa, Kevin	Amanda Johnstone	M: 6:45-7:45 am; 2-3 pm; 3:30-5:30 pm T: 6:30-8am; 12:45-1:45pm 2-4 pm W: 2-3 pm; 3:30-5:30 pm R: 6:30-8 am; 2-4 pm F: 6:45-7:45 am; 3:30-5:30 pm	M: 6:45-9:15 am; 2:15-3:15 pm T: 7-8 am; 12:45-1:45 pm; 2-4 pm W: 5:30-7:30 pm; 2:15-3:15 pm R: 7-8 am; 2-4 pm F: 6:45-9:15 am
KIN204W	Waterpolo (W)	Miller, Jonathan	Amanda Johnstone	MWF: 8-10 am MWF: 3-4 pm TR: 7:45-8:45 am	TR: 7-8 am MWF: 1:30-5:30 pm TR: 2-4 pm
KIN205M	Wrestling	Zalesky, Leonard	Candie Battle	TR: 7-8 am M-F: 3-5 pm	TR: 7-8 am M-F: 3-5 pm
KIN206M	Soccer (M)	Michaelson, Coe	Candie Battle	MWF: 3-6 pm TR: 1-4 pm	M-F: 1-3 pm MWF: 11:30 am-12:30 pm
KIN206W	Soccer (W)	St. Clair, Kristen	Candie Battle	M-F: 1-6 pm	M-F: 2-6 pm
KIN207W	Softball	Smith, Mike	Amanda Johnstone	MWF: 6-7 am M-F: 12:30 pm- 4 pm (pitchers & catchers 12 pm)	MWF: 6:30-7:30 am MWF: 12:30-3:30 pm (pitchers & catchers 12:300 pm) TR: 4-7:30 pm (pitchers & catchers 3:30 pm)
KIN208W	Volleyball (W)	Higa, Branden	Amanda Johnstone	M-F: 1:30-5:30 pm	MWF: 7-8 am; 1:30-5 pm TR: 7:30-8:30 am; 2-5:30 pm
KIN209W	Cheerleading	Miller, Olivia	Candie Battle	MWF: 3:30-6pm TR: 2-6 pm SH: Monday 2:30-4 pm	<b>Gold</b> M: 3:30-4:30 pm; TR: 2-4 pm W: 3:15-4:45 pm; SH: T 4:30-6 pm <b>Blue</b> MTR: 4-6 pm; W: 4:15-6:15 pm SH: T 2-3:30 pm
KIN212W	Dance	Mapes, Kristy	Candie Battle	M-R: 8:15-10:15 am	M-R: 8:15-10:15 am
KIN213M/W	CrossCountry/Track	Tribble, Adam	Alex Wolf	M-F: 7-9:30 am	M-F: 7-9:30 am
KIN215M	Golf (M)	Brown, TL	Rachel Keys	S: 12-4 pm M-F: 2-5 pm	TR: 2-5 pm MWF: 2-6 pm
KIN215W	Golf (W)	Machado, Marc	Rachel Keys	MWF: 12-7 pm TR: 6-7 am; 2-5:30 pm	MWF: 1-7 pm TR: 6-7 am; 2-5 pm
KIN216	Stunt	Seagondollar, Brandon	Amanda Johnstone	MW: 1:15-4 pm TR: 12:20-2 pm; 3-4 pm	MW: 1:15-4 pm TR: 12:20-2 pm; 3-4 pm